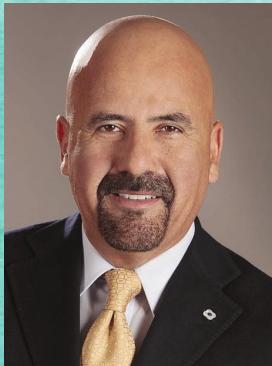




GATEWAYS HOSPITAL
& MENTAL HEALTH CENTERS
FOUNDATION



COMMUNITY REPORT 2024



Alejandro "Alex" Guerrero
Chairman,
Gateways Hospital and
Mental Health Centers
Foundation



Brian W. Thorne
President
Gateways Hospital and
Mental Health Centers
Foundation

Community Report

Gateways Hospital and Mental Health Centers continues its mission of providing accessible, innovative, compassionate, and comprehensive mental health care to some of the most vulnerable populations in Los Angeles. In this past year, Gateways Hospital has provided mental health services to as many as 1,700 unduplicated individuals ranging in age from 6 to 64. We treat all mental health conditions, providing a spectrum of care that includes outpatient, residential, and inpatient treatment.

Right now, our state is facing two significant crises: a growing mental health crisis and a shortage of mental health care workers. The state of California has the greatest projected deficit of 16,000 mental health care workers by 2028.

As a teaching hospital, Gateways is uniquely positioned to help tackle both of these pressing issues. We're not only committed to providing top tier care but also to training the next generation of mental health professionals who will carry this work forward.

Our workforce development focus has seen 60+ undergraduate practicum students and graduate interns spend an entire school year practicing their techniques and honing their skills to provide excellent mental health care. We provided loan repayment awards for fourteen clinical staff members and awarded 21 retention bonuses to additional clinical staff to encourage their careers in mental health. Both initiatives were made possible through state funded grants.

We are investing in infrastructure as well. Last year we highlighted our Behavioral Health Continuum Infrastructure Program (BHCIP) award to expand and add inpatient adolescent beds. This year we received notice of a second infrastructure award, the Community Care Expansion (CCE) Capital Expansion grant award of \$38,335,670, which will add a 125-bed community-based residential mental health care center to support clients with substance use disorders (SUD).

We are proud to share our Community Report for FY24 and look forward to sharing additional information in the coming months.

Sincerely,

Alejandro "Alex" Guerrero
Chairman
Gateways Hospital and Mental
Health Centers Foundation

Brian W. Thorne
President
Gateways Hospital and Mental
Health Centers Foundation

* GCAOP Summer Camp Staff
(group picture on cover)

Federal Appropriations for **TRAUMA-INFORMED CARE**

"This new program will expand trauma-informed inpatient care and screening for adverse childhood experiences..."

Gateways Hospital's request for \$500,000 to provide Trauma-Informed Care for adolescents in Los Angeles County was part of the \$1.2 trillion FY 2024 Consolidated Appropriations Package recommended by U.S. Senator Alex Padilla. This new program will expand trauma-informed inpatient care and screening for adverse childhood experiences (ACEs) during adolescent inpatient hospitalizations; and connect these inpatients to continuing evidence-based trauma treatment in our outpatient clinic once their crisis has been stabilized by our inpatient providers.

Funding for this project will be used to expand our existing ACEs screening to better identify children in need of our full trauma care program, and to transform our inpatient adolescent unit into a trauma-informed care center.



Meredith Mead, Gateways, Director of Clinical Services.

We will use these funds to support training of our outpatient therapy staff in trauma-focused cognitive behavioral therapy, the leading evidence-based treatment for traumatic stress among children and teens, and to enhance use of telehealth in all organizational adolescent programs to enable tele-mental health to improve access to care in rural and underserved areas.

Fun in the Sun – GCAOP Summer Camp a Success

The Gateways Child and Adolescent Outpatient Program's Summer Camp was deemed a success for kids and their parents and by Gateways GCAOP staff. Offered for the first time this past summer, the onsite Summer Camp provided group activities and supervised outings for children and adolescents ages 6 – 21. Provided at no cost to families, Camp offered respite to bored children and stressed parents during the summer vacation months.

Key to the program were daily Group activities, which centered on building the self-esteem and coping mechanisms of participants. Group activities were based on accepted best practices

and were designed to be fun and interactive for multiple age groups.

Campers also participated in weekly outings, including a screening of Disney Pixar's "Inside Out 2." Outings served as a recreational diversion while providing children with new experiences and opportunities to open up about their feelings and thoughts.

Campers reported that the staff showed sensitivity and concern for them as individuals, that they felt safe and welcome, that they were given the opportunity to share their thoughts about activities and outings, and that their needs were met. Most of all, however, Summer Camp was FUN. One hundred percent of campers agreed that the activities offered were fun and that the field trips were educational and enjoyable, and 100% expressed satisfaction with the daily lunches provided.

As one camper wrote, "Thank you, this was one of my best summers. I hope I can see you all next summer."



Substance Use Disorder Expansion

Gateways Hospital and Mental Health Center will be expanding and building a 125-bed community-based residential mental health care center Adult Residential Facility (ARF) at the site of the Hoover St. Campus. Gateways received a \$38,335,670 grant through the Community Care Expansion (CCE) Program. The new site will open a

new service line to support clients with substance use disorder (SUD), through crisis service, short term stay, and outpatient services.

When operational, the new facility will serve 220 unique clients annually. The new facility is anticipated to be operational in 2028.

Proposed SUD Facility



Inpatient Facility Expansion

Last year we announced our Behavioral Health Continuum Infrastructure Program (BHCIP) grant of \$19,256,659 to expand our inpatient capacity for vulnerable adolescents experiencing severe mental illness. The new 27,000 square foot facility includes 37 beds, group therapy space, medication stations, consultation rooms, dining space and an outdoor activity area.

These beds will meet the needs of adolescents who identify as transgender, intersex, and nonbinary, those suffering from substance abuse and eating disorders, plus Transitional Age Youth (TAY) who face increased pressure and placement issues.

We are on track to break ground early in 2025 and to open the new facility mid-2027.



New 27,000 square foot facility

Behavioral Health Recruitment and Retention Program (BHRR)

Due to serious behavioral health personnel shortages exacerbated by the pandemic, Gateways Hospital and Mental Health Centers Foundation applied for and was granted \$350,000 to 1) raise its profile among potential applicants for employment; and 2) improve employee retention.

Gateways is fighting hard to diminish the social stigma against mental illness and has implemented initiatives to raise the profile of the organization and its Mission so patients and employees (current and future) appreciate and know more about Gateways' services.

The hospital will rebrand, market, and update the Gateways Hospital and Mental Health Centers website that was donated to the facility 15-20 years ago. Gateways is purchasing and using an AI Employee Pulse Survey Tool (i.e., Glint) to collect data on employee morale, inclusion, purpose, and burnout. The AI tool will gather the data



Alexandra Baumgartner, Occupational Therapist, and Colleen Carroll, Occupational Therapy Director.

and provide modeling across Gateways to reveal its strengths, weaknesses and ways to increase retention rates.

Look for our new logo and changes in our web site coming soon.

Reusable Foodware Microgrant Program

Gateways Hospital was the only non-restaurant organization to receive a Los Angeles City Sanitation microgrant to purchase washable, reusable foodware for our patients and clients. Items purchased include cups, bowls, plates, trays, cartons and utensils. The value of the reusable foodware provided to Gateways through this program is approximately \$35,000. With



Before



After

more than 750 meals and 500 snacks a day prepared and served to Gateways Hospital's six hospital/residential sites, the savings to the hospital and the reduction of waste for the environment is immeasurable.

Pro Football Player Michael Hoecht

Professional linebacker, Michael Hoecht, joined some of our Adolescent Outpatient clients in a conversation about mental health. Michael provided insights on his career and journey and shared some tips for aspiring athletes. This provided our younger clients and their families with lessons on the importance of mental health, and how they can use physical activity as a healthy outlet. We would like to thank Michael for spending the afternoon with us and for being an advocate of this important issue!



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\$1,000,000+

California Dept. of Health Care Services-Behavioral
Health Continuum Infrastructure Program Round 4,
Children and Youth

\$100,000-\$999,999

California Dept. of Health Care Access and
Information-Community-Based Organization
Behavioral Health Workforce Grant

California Dept. of Health Care Services -Mentored
Internship Program (MIP) CONREP

California Governor's Office of Emergency Services
(Cal OES)-California State Nonprofit Security Grant

California Dept. of Health Care Services-Mentored
Internship Program (MIP) Psychology Round 1

California Dept. of Health Care Services-Mentored
Internship Program (MIP) Psychology Round 2

California Dept. of Health Care Services-Behavioral
Health Recruitment and Retention (BHRR)

Los Angeles District Attorney's Office-Hate Crime

\$25,000-\$99,999

Logically

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COVID 19 Worker Retention Payment

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California Governor's Office of Emergency Services
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Community Development Resource Group (CD-RG)

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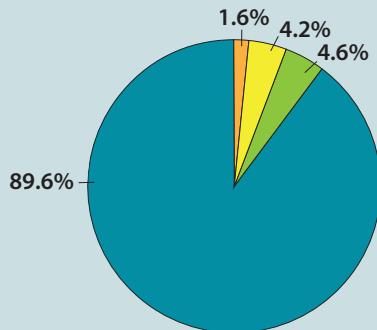
President, Gateways Hospital and
Mental Health Centers Foundation

Phil Wong, Psy.D.

Board Member
Chief Executive Officer,
Gateways Hospital and Mental
Health Centers

The Numbers

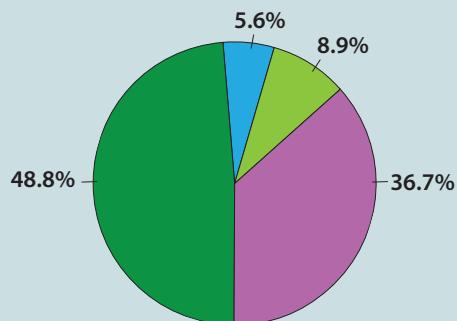
Who Supported Us:



\$2,915,869

Individuals – 4.2%
Private Foundations – 4.6%
Public Dollars – 89.6%
Corporate Gifts – 1.6%

Dollars Raised For:



\$2,915,869

Patient Care – 8.9%
Workforce Development – 36.7%
Facility Improvements – 48.8%
Unrestricted – 5.6%